

NFU MUTUAL'S PODCAST GUIDE



What you need to know



NFU Mutual

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WHAT IS A PODCAST?

A podcast is an audio programme on a particular topic that you can stream or download to listen to on your smartphone, tablet or laptop. Podcasts are typically released in a series, and once you subscribe you can automatically hear about any new episodes, or get them automatically downloaded to your device.



HOW DO I FIND A PODCAST?

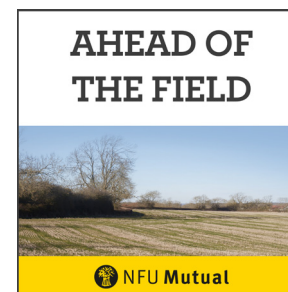
FINDING A PODCAST IS VERY SIMPLE

- Go to the podcast app on your smartphone and tablet
- If you don't know where this is, just search for "podcasts" in the menu
- If your phone or tablet doesn't have a podcast app installed, download one from free from the store
- In the podcast app, search for the podcast title or genre, type this in next to the magnifying glass.

HOW DO I FIND NFU MUTUAL'S "AHEAD OF THE FIELD" PODCAST?

- In the podcast app, search for "NFU Mutual" or "Ahead of the Field", next to the magnifying glass icon
- Choose "Ahead of the Field" from the search results and tap on it. This will take you to the podcast's homepage
- Once on the podcast homepage, you should see a list of most recent episodes. Tap on one to play it
- Tap the subscribe button at the top of the page. You'll then be notified when a new episode becomes available.

OUR PODCAST



We hope you enjoy the podcast and please do provide feedback via a review.