



## Social Distancing and Safety Measures

In line with the Driver and Vehicle Standards Agency (DVSA) recommendations, we have implemented social distancing and safety measures for you and the Drive Doctors advanced driving instructors.

To help both you and the driving instructor to be safe, in conjunction with Drive Doctors, NFU Mutual have created a step by step guide:

### **What will the driving instructor do?**

#### *Before the session the instructor will...*

- Contact you 24 hours before your session to check that you feel well and have not knowingly been in contact with anyone who has tested positive for Coronavirus or displayed symptoms in the last 14 days
- Talk you through the planned session and procedures

#### *On arrival the instructor will...*

- Contact you when they arrive at the agreed location and wait outside the vehicle
- Check that you are feeling well and that you have not been in contact with anyone who has tested positive for Coronavirus or displayed symptoms in the last 14 days
- Sanitise their hands prior to the start of the session – before and after getting into your vehicle

#### *During the session the instructor will...*

- Wear a mask or face covering for the duration of the session, plus gloves if this has been requested
- Follow the 1 metre plus social distancing rule when outside the vehicle
- Face forward when talking to you (avoiding turning their head to speak to or look at you)
- Sanitise their hands after any breaks or after leaving the vehicle
- Use their own pens and paper for making any notes

#### *After the session the instructor will...*

- Give feedback – this will take place outside of the vehicle
- Answer any questions you have from the driving session or vehicle check
- Sanitise their hands

### **What do you need to do?**

#### *Before your session you should...*

- Be honest with the Drive Doctor when being asked about your health and possible exposure to the virus
- Request the driving session is rescheduled for another time if you have been in close contact with anyone who has displayed possible COVID-19 symptoms in last 14 days, or who has tested positive
- Wash or sanitise your hands
- Follow the 1 metre plus distancing rule when outside the vehicle
- Wear clothing which covers as much of your arms and legs as possible
- Bring a bottled drink with you
- Have your driving licence and MOT certificate ready to show the Drive Doctor



*During your session you should...*

- Use a face covering or mask, make sure it covers your face from the bridge of your nose to your chin
- Keep air flowing into the vehicle by leaving a window open, or partly open
- If possible, turn on the air conditioning, but do not set it to the recirculate option
- Avoid face to face conversations with the Drive Doctor when in the vehicle
- Let the Drive Doctor know if you need a break at any time – any breaks will take place outside of the vehicle, so you can remove your face covering, stretch your legs and have a drink
- Let the Drive Doctor know if you are feeling unwell

*After your session you should...*

- Ask any questions regarding your session or vehicle check
- Wash or sanitise your hands

*To help keep you safe, the instructor will not...*

- Handle your driving licence or MOT certificate, they just need to see the details
- Demonstrate the vehicle check prior to the drive – but they will be there to observe you whilst you check the vehicles oil, water levels and tyre pressure (should you want to do a vehicle check)
- Shake your hand
- Touch any of the controls inside your vehicle unless in an emergency situation
- Give feedback inside the vehicle – this will take place outside the vehicle

If you develop any Coronavirus symptoms after your driving session, please follow the Government guidelines around isolation and testing. You can find these guidelines on the [gov.uk website](https://www.gov.uk). Please give the Drive Doctors name and number for the NHS Test and Trace programme if tested positive for COVID-19.

If the driving instructor develops any symptoms after the driving session, they will follow the Government guidelines around isolation and testing. Should they test positive for COVID-19 they will give your contact name and number for the NHS Test and Trace programme.